PSHE

'I have learnt that people will forget what you said, people will forget what you did, but people will never forget how you made them feel'

Maya Angelou

Intent

Throughout their time at St Katharine's, we aim for our PSHE (and SRE) curriculum to; support children to grow their knowledge of the world of which they are a part, develop an understanding of themselves, learn about the many factors that contribute to a happy, healthy and fulfilled life, arrive at informed opinions and critically challenge the ideas of others and develop an awareness of our feelings, thoughts and emotions whilst learning how to manage these in a positive way.

PSHE supports our learners to develop their own values and explore those values that underpin a healthy society including those that are explicitly identified as British Values:

- Democracy.
- Rule of Law.
- Respect & Tolerance.
- Individual Liberty.

Implementation

We use the Jigsaw scheme of work to support our teaching of PSHE and this is taught as a discreet lesson every week across YR – 6. The Jigsaw curriculum follows a spiral model where a theme is introduced each term (across the 6 terms in the school year). Each class follows the same theme at a level appropriate to the children in the that class. This means that all classes are working on the same theme at the same time for e.g. 'Celebrating Difference' enabling us to link classroom learning to whole school collective worship or other activities where relevant.

We have mixed year group classes and because of this we operate a Year A and Year B curriculum. Teachers look carefully at the planned objectives to ensure that the learning materials are appropriate and relevant to the children that they are teaching and will adjust lesson content where necessary.

In addition to weekly PSHE lessons teachers identify strands across other curriculum areas either to make links with taught PSHE content or to support the understanding of our Curriculum Threads (concepts):

- Conservation, Stewardship and Responsibility for our planet.
- Humanity
- Equality
- Climate Change
- Diversity
- Government and Rule
- Creativity and Ingenuity
- Staying Healthy
- Change
- Democracy

The opportunity to develop children's understanding of these threads (concepts) is a built-in part of teachers blocked planning, but we also understand that an opportunity to develop this understanding can also be more incidental for e.g., a discussion about a character in the class novel. As part of our cycle of whole school and class worship, we take time to explore other values examples of which are Hope, Compassion and Humility. Again, links are made – where they exist – to other learning so deepening understanding and supporting our learners to become citizens of the world that they live in.

PSHE

Impact

Our PSHE curriculum supports our learners to:

- become active and responsible citizens who recognise and value their contribution to society
- view themselves as both local and global citizens
- be well prepared for their future lives and to flourish in the next stage in their journey
- be well prepared for the changes that will happen to themselves and others as they grow up
- recognise the differences between right and wrong and the consequences of the choices we make
- understand what it means to lead a healthy lifestyle
- understand the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs
- appreciate and celebrate diversity and difference as a valuable part of life in a vibrant democracy